



K J's Educational Institute

K J College of Engineering and Management Research

S.N. 25 & 27, Near Khadi Machine Chowk, Kondhwa Annex, Pune-411048

Website: www.kjei.edu.in/kjcoemr

Activity Report

Title of Program:		FDP on Health and Happiness Day -01 , Topic – Total Health Management	
Program Expert:		Mr.Ramnitai Das	
Date:	11/11/2021	Time	2.00 pm to 4.00 pm
Venue:		KJCOEMR, PUNE	

About program:

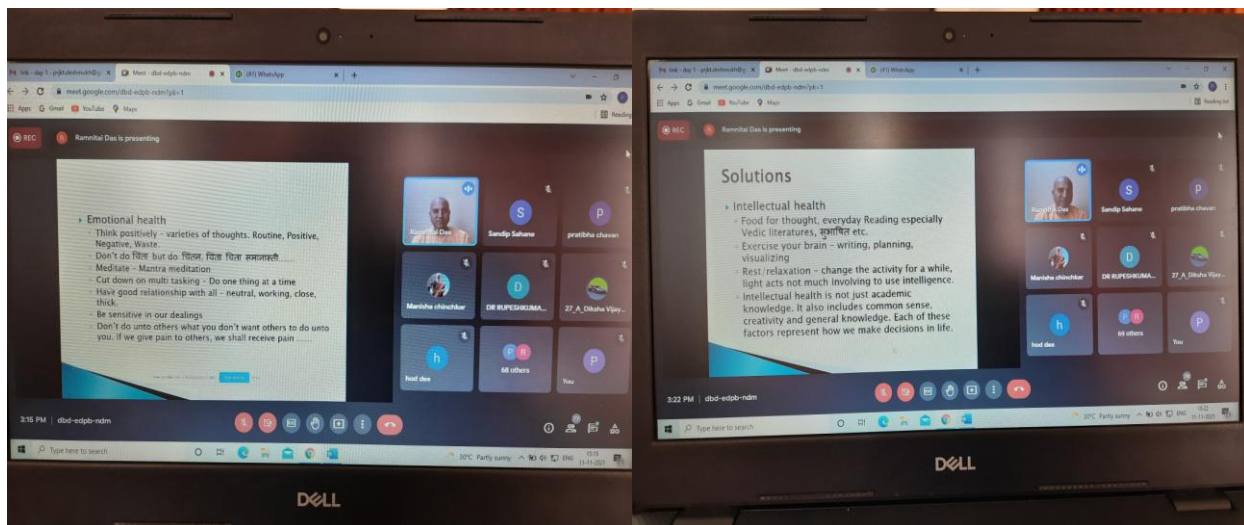
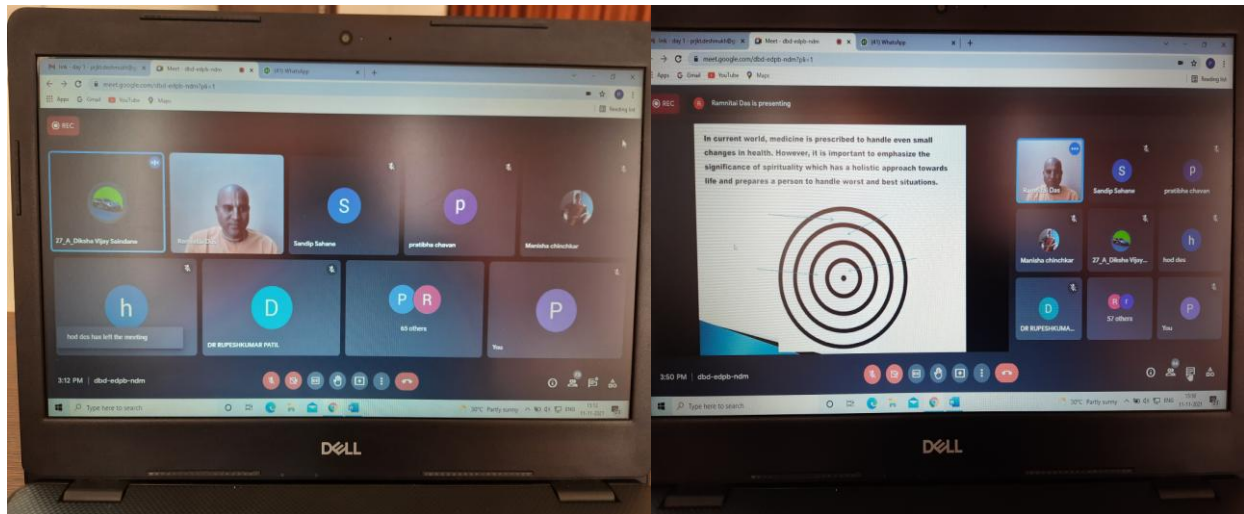
K J College of Engineering and Management Research, Pune organized a three days state level Faculty Development Program on Health and Happiness for Faculty members.

Day – 01

1st Day FDP on 11th November 2021, with Mr. Ramnitai Das as the speaker, on the topic of Total Health Management. He explained all types of Health issues, their problem and solutions. And also explained Spiritual Health very nicely and also solved the quarries of faculties regarding Health.

Program was beneficial for faculties and the total views of the program were 90. Program is well organized and appreciated by faculties.

Program Event Photos:





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Activity Report

Title of Program:		FDP on Health and Happiness Day -02 , Topic – Art of Living	
Program Expert:		Mrs.Rajashree Kore	
Date:	12/11/2021	Time	2.00 pm to 4.00 pm
Venue:		KJCOEMR, PUNE	

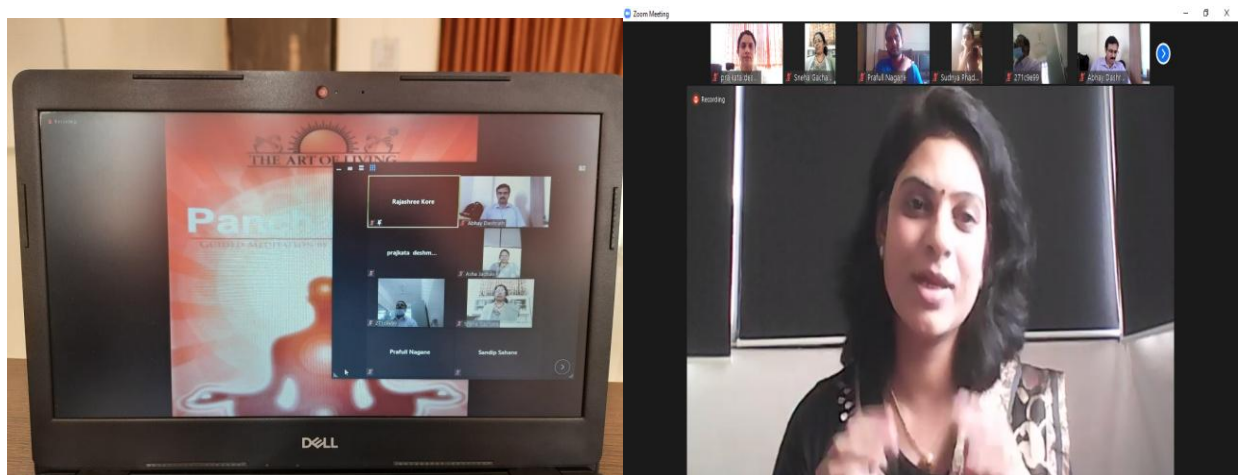
About program:

Day – 02

2nd Day FDP on 12th November 2021, with Mrs.Rajashree Kore as the speaker, on the topic of Art of Living. She gave the detail information of Art of living and explained all types of breathing techniques ,sudarshan kriya , Some body warm up techniques and also take meditation . And also solved the quarries of faculties regarding Health issues.

Program was beneficial for faculties and the total views of the program were 78. Program is well organized and appreciated by faculties.

Program Event Photos:





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Activity Report

Title of Program:		FDP on Health and Happiness Day -03 , Topic – Power of Acceptance	
Program Expert:		Mr.Hemant Salame	
Date:	13/11/2021	Time	2.00 pm to 4.00 pm
Venue:		KJCOEMR, PUNE	

About program:

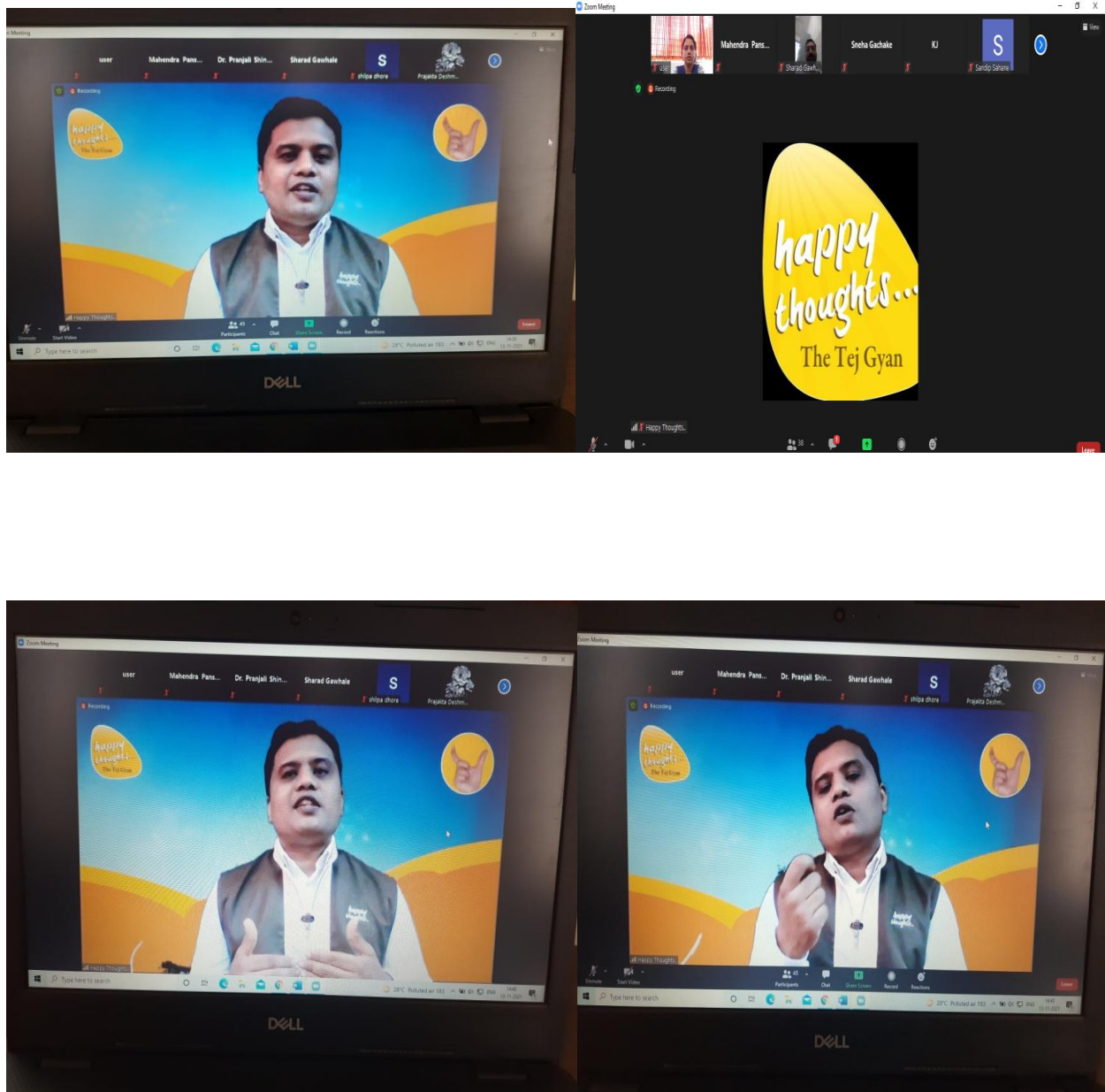
Day -03

3rd Day FDP on 13th November 2021, with Mr. Hemant Salame as the speaker, on the topic of Power of Acceptance. He gave the information about Happy Thoughts and their activities and explained acceptance of power with our routine examples along with how to tackle the situation. He also took meditation in voice of Shriji . And also solved the quarries of faculties regarding Acceptance of things.

Program was beneficial for faculties and the total views of the program were 121.

Program is well organized and appreciated by faculties.

Program Event Photos:



Dr.P.N.Deshmukh
FE Coordinator